

## Master Mission

The following tasks have been adapted so that they are Covid friendly.

Please take pictures to provide as evidence. All evidence must be sent to your form tutor via DPR.

If you have already completed Bronze, you do not need to do this again; you can move on to the Silver tasks.

Bronze	Silver	Gold
1. Complete an extended writing task from The Big Question task bank to write a speech/article on the importance of staying healthy.	1. Complete another extended writing task based on one of the Big Questions or write a speech/article on the importance of being kind to others.	1. Interview three adults on the phone about their views on a Big Question. Incorporate their views into an essay on one of the Big Questions. You must also include historical research on your topic and include the sources you have examined.
2. Read a book from The Big Question suggested reading list or a book of your choice.	2. Read at least 2 newspaper articles about current affairs, and read a novel.	2. Read and review at least two novels and three articles.
3. Call three members of your family or your friends to thank them for something.	3. Help with the washing up, clearing the table, and laundry this week.	3. Write a letter to a senior citizen. Advise them on how to stay positive during this difficult time and reassure them that they have not been forgotten. Send this to your local care home.
4. Watch these two videos to educate yourself on the coronavirus: <a href="https://www.youtube.com/watch?v=BtN-goy9VOY">https://www.youtube.com/watch?v=BtN-goy9VOY</a>  <a href="https://www.youtube.com/watch?v=neUTmGOLJys">https://www.youtube.com/watch?v=neUTmGOLJys</a>	4. Listen to these two powerful Ted Talks: <a href="https://www.youtube.com/watch?v=Na8m4GPqA30">https://www.youtube.com/watch?v=Na8m4GPqA30</a>  <a href="https://www.youtube.com/watch?v=pN34FNbOKXc">https://www.youtube.com/watch?v=pN34FNbOKXc</a>	4. Create your own TED Talk about one of the Big Questions. Record it on your phone and email this to your form tutor.
5. Explore the Natural History Museum through their virtual tours here:  <a href="https://naturalhistory.si.edu/virtual-tour">https://naturalhistory.si.edu/virtual-tour</a>	5. Research a famous landscape in London and have write 10 interesting facts about this landmark.	5. Use this website to attend three virtual tours of famous buildings around the world: <a href="https://www.washingtonpost.com/travel/2020/03/18/these-historic-sites-attractions-are-offering-virtual-tours-during-coronavirus-pandemic/">https://www.washingtonpost.com/travel/2020/03/18/these-historic-sites-attractions-are-offering-virtual-tours-during-coronavirus-pandemic/</a>  Explain which one you'd most

		like to visit and why.
6. Gather an online session together with 3 friends using WhatsApp video call, or another online platform, to work on a piece of home work together.	6. Work online with a friend to construct a piece of descriptive writing together. Write the opening of a short story based on the title: The Challenge.	6. Message your class on DPR chat and offer support to anyone who needs help completing their online home learning. Help 3 of your peers with one to one online sessions.
7. Complete a physical activity for approximately 20 minutes using this video: <a href="https://www.youtube.com/watch?v=L_A_HjHZxfI">https://www.youtube.com/watch?v=L_A_HjHZxfI</a>	7. Complete a 1 hour yoga session using this video: <a href="https://www.youtube.com/watch?v=K0H7gLahXEs">https://www.youtube.com/watch?v=K0H7gLahXEs</a>	7. Use the Joe Wicks workout videos to complete 3 hours of exercise during the week. <a href="https://www.youtube.com/user/thebodycoach1">https://www.youtube.com/user/thebodycoach1</a>
8. I have helped cook a healthy meal for my family.	8. I have helped cook a dish from a different culture.	8. I have helped cook three different dishes at home and have researched three of the ingredients I've used. I have written down the benefits of these ingredients.
9. I have created a piece of art, music or a performance.	9. I have created and shared a video on Snap Chat or TikTok on the importance of keeping safe and remaining positive.	9. Read about the 100 most famous paintings in the world here: <a href="https://www.brushwiz.com/most-famous-paintings/">https://www.brushwiz.com/most-famous-paintings/</a> Write about 3 that you find most interesting. Explain why they interested you most.
10. Help the environment by separating all recyclable plastics at home. Place this in a recycling bin.	10. Support Earth Day today by not using any electricity from 5pm onwards.	10. Order spinach seeds online and grow these indoors. Here is some advice to help you with this: <a href="https://www.gardeningknowhow.com/edible/vegetables/spinach/growing-spinach-in-containers.htm">https://www.gardeningknowhow.com/edible/vegetables/spinach/growing-spinach-in-containers.htm</a>
11. Create a ppt presentation exploring different ways to help and support your local community.	11. Call a friend or family member and debate whether we are all doing enough to help the environment. Present 5 clear reasons for your argument.	11. Create an online session with 10 of your peers and set up a debating club. Agree on 3 topics to explore and debate.
12. Using the DPR, send a kind message to three teachers for supporting you with your learning.	12. Research how to wash your hands effectively and create a poster for this using publisher. Send your entries to your form tutor.	12. Consider a significant problem in the world and create a PowerPoint explaining what steps you'll take to help solve this problem.
13. Use this video to help your draw a scenic landscape:	13. Design a poster showing British Values in action. Send	13. Write a letter to your local MP on a topic you are

<https://www.youtube.com/watch?v=t7n39cQMGNs>

this to your form tutor so it can be displayed in your form room.

passionate about.