



# A WORD FROM MR DERIA HEADTEACHER



Here at The Cumberland School, we have an amazing Careers department, where all of our students get access to the latest careers information and advice.

I am extremely pleased with the progress that we have made in ensuring that our students are provided with the skills and experiences they need for the next stage in their career. This year we have achieved something remarkable with our 'Dynamic Dozen'. 12 of our amazing Year 11 students will be off to some of the most prestigious independent schools in the country to pursue the next stage of their education - we wish them all the best and I hope they enjoy the experience. We look forward to them keeping in touch with us!

## CAREERS AT THE TCS FROM THE LENSES OF A YEAR 7

“ During the past few months the careers team have supported me so much as I started my journey at The Cumberland School. Mr Green and Mr Deen made me believe that if I put my mind to something I can achieve it and they guided me through different options for me and introduced me to careers pathways, which I had a vague idea of before starting Year 7. They always made time to listen to me and my friends and provided us with advice, when needed.

As a Year 7 Careers Ambassador, I felt like the Careers team was very inclusive and always took my thoughts and ideas into consideration.”

————— Amina Begum 7N

A milestone after another... your future planning starts now. Careers is an important part of your secondary school journey as it prepares you for your post-16 options, making sure you will end up in your desired career paths and pick yourself back up when you fall off track.

# CAREERS AMBASSADORS



We are a team of students from different year groups who promote careers and are here to support you. You can recognise us by spotting a green badge. We will be happy to stop and speak to you regarding careers and direct you to the Careers Team around the school.

We design and lead workshops, design the Careers Newsletter and we help promote careers events. There is an opportunity for you to apply to become part of the team at the start of every academic year.



Our team meeting



## NO TIME TO LOSE



At TCS we introduce Year 7 students to career paths using 'Start'. It is never too early to start exploring the options available, hence we start by forming and updating a career action plan throughout the years.

Students in Year 7-11 use Start to get personalised suggestions of careers suited to their personality, interests and skills.

# THE 'DYNAMIC DOZEN'



A record-breaking 12 students collectively received almost £1 million in scholarships to top private fee-paying schools in the country.

This life-changing opportunity is provided through the Prestigious Colleges Programme in our school, where students prepare through mock interviews; receive support with writing personal statements; receive etiquette training by 'Polished Manners'; are allocated with a mentor from the Senior Leadership Team and they receive extra tuition to prepare them for the entrance exams for English, Maths and Science.

A socially distanced success, as students were interviewed virtually and sat exams while socially distancing.

Communication between the Careers Team and the students was maintained via online weekly meetings.

Our current statistics indicate that 1 in 20 students from our school win a scholarship to top independent schools.



# LIFE-CHANGING



# A NEW DOOR UNLOCKED



# A LEAP CLOSER TO YOUR DREAMS



Speak to the Careers Team to find out more

PAGE 6

# NATIONAL CAREERS WEEK

**A VIRTUAL SUCCESS**



**1<sup>ST</sup> - 6<sup>TH</sup> MARCH 2021**

National Careers Week is a week dedicated to careers education, during which schools across the country promote careers guidance (as highlighted by the Gatsby benchmarks).

Every year, the TCS Careers Team along with the Careers Ambassadors look forward to hosting an array of lessons and workshops to provide careers guidance and advice for all students. During this week, as well as throughout the year, students received an insight into their future workplace to help them decide their initial career path.

## LESSONS & ASSEMBLIES



Throughout this week lessons were crafted to suit the theme of careers and future goals and aspirations. Also, assemblies for each year group were based on careers and employability, and were lead by the Careers Team.



## CAREER ACTION PLANS

Students filled in Google forms, which automatically saved as a Career Action plan that they can review later on. It is important that students learn how to set goals, which prepares them for their post-16 life.

## FINDING INSPIRATION

Teachers passionately shared their career journey and how they ended up where they are today. They also gave students their top post-16 advice.



# TOP-NOTCH MENTORING PROGRAMMES



Every year, a selected number of students at The Cumberland School participate in a mentoring programme, which aims to inspire them and guide them to their ideal career paths.



Students look forward to meeting their mentors during the programme, from top law firms in Canary Wharf and Holborn: Clifford Chance and Macfarlanes.

This year the mentoring programme took place virtually – the careers team strives to provide students with all the necessary career provisions and skills, throughout the year.

“This experience was really valuable because I was able to contact my mentor, from the law firm, at any time via email, and we worked on personal, school and career goal setting and discussed my progress in every meeting, and we created a new action plan between each meeting. This helped me gain more skills, like time-management and communication skills.”

Year 10 Macfarlanes mentee



# WHAT DO STUDENTS THINK ABOUT THE CAREERS PROGRAMME AT TCS?



Our Careers Team values the feedback given by students following each event, and takes the necessary information and uses it to improve future events. Have a read of some opinions given to us by two students, regarding careers



"The whole experience was great. I had a chance to interact with highly qualified staff from Clifford Chance. My mentor helped me decide on which career paths I should take. It was productive and beneficial as it helped me make decisions. I think our Careers Team is extremely helpful for students who haven't decided what to do with their future yet, like myself."

Year 10 – Clifford Chance mentee

"The Careers Team are very supportive in helping students realise their potential in different sectors. They have organised multiple mentoring trips to different employers, in order to help students learn about different areas of employment. These trips were really informative."



## KUDOS TO OUR CAREERS TEAM!

# BEYOND THE DOCTORS & LAWYERS...

An article by the  
Careers Ambassadors

It came to our attention that many Year 7s come into school thinking there are only a limited number of jobs they can do: pilots, teachers, doctors lawyers, etc. Jobs which are not mainstream are sometimes considered as 'less appealing', when that is not the case. Young people are often taught to go for the jobs that have the highest salaries, ignoring the fact that those jobs may not satisfy their interests, hence they may not enjoy them. A balance between interests and salary is required to maintain a healthy work life.

It is important that students are aware of smaller jobs that make society function and know that it is necessary to have more than one career route, in case the first one doesn't work out.

Part of our mission as the Careers Ambassadors is to raise awareness about the world of work for the younger year groups who are often impressionable and limit their career goals to one job that is 'manufactured' by their surroundings, not themselves. Part of this includes helping students discover their hobbies, which will essentially form part of their long-term profile and CV.

We discourage people from labelling students as future 'doctors' or 'lawyers', without knowing their career ambitions, as this potentially takes away some impressionable students' individuality and possibly pushes them away from their own ambitions.

Similarly, students' should not be told their career ambitions are unreasonable or unachievable, for instance, if someone from an ethnic minority wants to become an astronaut, it is not impossible, although they may face certain barriers. It is important to make all students aware that through hard work any career can be achieved.

# USEFUL RESOURCES & SOME MOTIVATION

You can find lots of careers resources and advice in this link <https://successatschool.org/>

You can also use 'Success at School' to look into career paths and qualifications needed for different jobs and job sectors.

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Don't limit your career goals, because it is not guaranteed you will reach your original goal. Broaden your chances by broadening your mindset.

"If people doubt how far you can go, go so far that you can't hear them anymore"



"The people who are crazy enough to think they can change the world are the ones who do."

Steve Jobs

# EMPLOYABILITY WORDSEARCH

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## WORD BANK:

- Leadership
- Teamwork
- Productivity
- Aspirations
- Networking
- Employers
- Mentoring
- Work ethic
- Interviews
- Interpersonal
- Time management
- Flexibility



## A CHALLENGE FOR YOU!

### DEADLINE: FRIDAY 28<sup>th</sup> May 2021



We challenge you to create a poster (by hand or digital) showcasing what employability means to you!

This is an opportunity to [win an Amazon voucher \(top 2 posters\)](#) and showcase your creative skills. Our favourite posters will be featured on our Twitter page and in your next assembly!

Email your posters to [careers@cumberlandcst.org](mailto:careers@cumberlandcst.org) along with your name and form class OR slide your posters under the door in **FO7** (Careers Office).

